

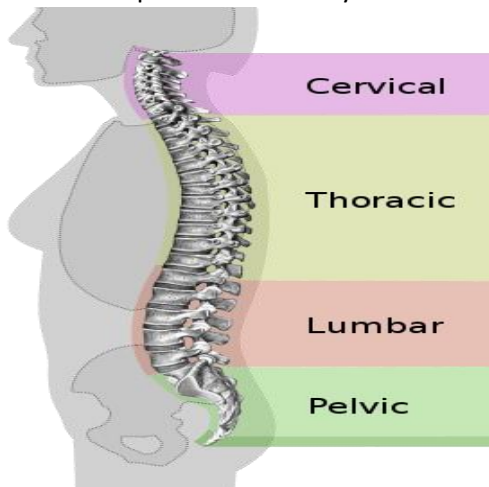
MEDIAL BRANCH BLOCK

Patient discharge instructions

ACTIVITY

- Please do activities that will bring on the normal pain that we are rating. For example, if vacuuming or walking increases the pain, do that. This will give the most accurate response to the diary.

- You may shower, but no tub baths today, or applied heat.



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CARE OF THE INJECTION SITE

- This area may be numb for several hours after the injection.
- There may be soreness around the injection site after the procedure, use ice over the area for pain relief.
- This procedure is a test, your pain may return after several hours this is normal.
- Notify the your doctor if you have any of the following: redness, drainage, swelling, or fever above 100F degrees.

SPECIAL INSTRUCTIONS

- Please return the MBB diary to our office by mail, fax, or call to discuss results.